

Dermal Filler

Patient Care Instructions

General Information

Dermal fillers are popular method of temporary soft tissue augmentation. It is also a means of non-surgical facial rejuvenation that is administered in the office with a small needle or micro cannula with the use of a topical anesthetic. There are multiple variations of fillers, and choosing the right one should be done with a consultation with a physician. Popular areas of treatment include lips, cheeks, fine wrinkles, marionette lines, Tear troughs, and enhancement of your jaw line just to name a few

Pre-Treatment

It is important to avoid any medications that may thin the blood such as anti-inflammatory/blood thinning medications if possible, for at least 1 week prior to your appointment.

If you have a rash or infection, treatment cannot be given

Post-Treatment

Avoid significant movement or massage of the treated area. Unless instructed by the provider.

Avoid strenuous exercise for 24 hours.

Avoid extensive sun or heat for 48 hours.

If you have swelling you may apply a cool compress for 15 minutes each hour.

You may use Tylenol or Motrin for discomfort

Do not sleep face down for the first 48 hours

Any discoloration to your tissues, significant or asymmetric swelling, and changes in vision or severe pain should be brought to the attention of our office immediately.

You will have to wait 3-5 days for all of the swelling to subside to appreciate your final result

If you have further questions or concerns please call, 817-702-9100.