

Botox

Patient Care Instructions

General Information

Botulinum toxin is a safe and effective way to provide a temporary weakening of selective muscles to help improve wrinkles caused by frequent and repetitive muscle movement. It is administered in the office with a series of injections into the desired site.

Pre-Treatment

Avoid any medications that may thin the blood such as anti-inflammatory/blood thinning medications if possible, for at least 1 week prior to your appointment. These medications can increase the risk of bruising and swelling as well.

If you have a rash or blemish on the treatment area, please cancel your appointment with a 24-hour notice.

If you are pregnant or breastfeeding, you are not a candidate for Botox.

Post-Treatment

Do NOT rub or massage the treated area for 4 hours following treatment.

Do NOT lie down directly on the treated area for 4 hours after your Botox treatment. This will prevent the Botox from tracking into the orbit of your eye and causing drooping eyelid.

It takes approximately 3 days for results to be seen. If the desired result is not seen within 2 weeks of your treatment you may need additional Botox. You are not charged for touch-ups. However, you will be charged for product used during any subsequent appointments.

Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 4 hours after treatment. This will keep the Botox in the injected area and not elsewhere.

You may notice some asymmetries after treatment. These can and will be corrected with a small "touch up" dose. This must be done within 1-2 weeks of treatment to avoid any longstanding asymmetries caused by the medication wearing off at different time points.

If you have further questions or concerns please call, 817-702-9100.